

# Roadhoggs Leicester A.C.



Stewmania Special Edition

Established 10/08/1984  
Affiliated MCAA, LRRL, DRL, RWA.

## Centurion



Running a Marathon is a sort of runner's 'rite of passage' but for a select few, it becomes an all-consuming passion. As passions go, this one was a bit of a slow burner; definitely not love at first sight. John ran the London Marathon in 1984, in the days when entry didn't require the combined luck of a gross of leprechauns holding a four-leaf clover in each hand. In those days, his lifestyle was more heart-attack in waiting than athlete in training. After a gap of 23 years (just about long enough to forget the pain) he tried again. More significantly, he also joined Roadhoggs and quickly became a disciple of the man he refers to simply as 'St Dakin'.

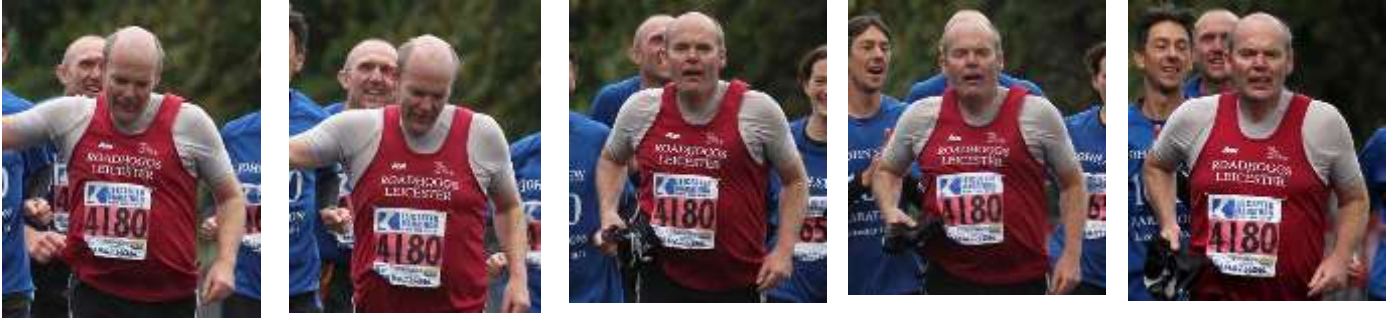
Keith's uncomplicated love of Marathons has had a profound influence on the club and so it proved with John. At first, his focus was on breaking the 4-hour barrier. A series of near (and not so near) misses persuaded him to train in earnest, through the winter of 2008-9. His dedication was rewarded in February 2009 when he set a time of 3.40.41 in the now defunct Draycott Water Marathon. He probably didn't know it at the time but running circuits of lakes was going to become a fixture in his life!

Many more sub-4's followed, culminating in a PB of 3.39.45 at Gloucester in January 2011. By now, the idea of aiming for 100 Marathons had well and truly taken seed. The increased frequency and the increasing number of off-road or challenge events took their toll on times; Shakespeare 2011 (Marathon 32) was the last of his fast runs and the 'bigger numbers' started to creep in. Marathon 50 arrived in December 2011 and by now he was running them every other week.

2012 was to see a staggering 31 added to the total and as the momentum built he was able to plan for a grand finale on home turf. LCCC tried their best to disrupt the schedule with extra fixtures but the four days of the Great Barrow Challenge got things back on track and he was able to have the relative luxury of five weeks off before tackling the final leg.

Forty three road Marathons, fifty seven trail and two thousand six hundred and twenty miles (give or take the odd navigational error). John, we salute you!

## The Agony and the Ecstasy



## The Good, the Bad and the Downright Ugly

Race No.	Road	Trail	Date	Venue	Country	County	Dist.	Time
1	1		13May84	London	ENG	Lon	26.2	4:15:00
2	2		22Apr07	London	ENG	Lon	26.2	4:38:17
3	3		16Sep07	Nottingham	ENG	Notts	26.2	4:20:23
4	4		14Oct07	Leicester	ENG	Leics	26.2	4:05:01
5	5		17Feb08	Draycote water	ENG	Warwks	26.2	4:15:06
6	6		27Apr08	Shakespeare (Stratford)	ENG	Warwks	26.2	4:08:42
7	7		14Sep08	Nottingham	ENG	Notts	26.2	4:07:44
8	8		10Oct08	Leicester	ENG	Leics	26.2	4:03:44
9	9		25Oct08	Snowdonia	WAL	Gwynnd	26.2	4:30:00
10	10		22Feb09	Draycote water	ENG	Warwks	26.2	3:40:41
11	11		26Apr09	Shakespeare (Stratford)	ENG	Warwks	26.2	3:47:40
12	12		31May09	Edinburgh	SCO	Lothian	26.2	3:59:45
13	13		11Oct09	Leicester	ENG	Leics	26.2	4:03:48
14	14		24Oct09	Snowdonia	WAL	Gwynnd	26.2	4:34:34
15	15		24Jan10	Gloucester	ENG	Glos	26.2	3:37:26
16	16		07Mar10	Duchy	ENG	Cornw	26.2	3:46:54
17	17		25Apr10	Shakespeare (Stratford)	ENG	Warwks	26.2	3:44:54
18	18		31May10	Chester MBNA	ENG	Chesh	26.2	3:46:54
19	19		29Aug10	Fleetwood	ENG	Lancs	26.2	3:56:00
20	20		12Sep10	Nottingham	ENG	Notts	26.2	3:50:29
21	21		17Oct10	Abingdon	ENG	Oxon	26.2	3:41:01
22		1	07Nov10	Rutland Water	ENG	Rut	26.2	3:41:40
23	22		21Nov10	Cornish	ENG	Cornw	26.2	4:00:49
24		2	31Dec10	Liverbird (day 1)	ENG	Lancs	26.2	3:42:12
25	23		23Jan11	Gloucester	ENG	Glos	26.2	3:39:45
26		3	12Feb11	Enigma Quadzilla day 3	ENG	Bucks	26.2	3:55:55
27		4	13Mar11	Gin Pit (day 2)	ENG	Chesh	26.2	3:59:22
28		5	26Mar11	Charnwood	ENG	Leics	26.2	4:26:26
29	24		10Apr11	Bungay	ENG	Suff	26.2	3:46:53
30	25		17Apr11	London	ENG	Lon	26.2	3:56:48
31		6	22Apr11	Easter Enigma	ENG	Bucks	26.2	4:39:58
32	26		08May11	Shakespeare (Stratford)	ENG	Warwks	26.2	3:55:26
33		7	22May11	Leaden Boot	ENG	Staff/derby	26.2	6:29:18
34		8	11Jun11	Baslow Boot Bash	ENG	Derby	26.2	6:32:00
35		9	25Jun11	Malvern Mid Summer	ENG	Worcs	26.2	7:08:00

36		10	02Jul11	Enigma Summer day 1	ENG	Bucks	26.2	4:25:35
37		11	03Jul11	Enigma Summer day 2	ENG	Bucks	26.2	4:25:27
38		12	07Aug11	Dovedale dipper	ENG	Derby	26.2	5:45:00
39		13	28Aug11	Enigma	ENG	Bucks	26.2	4:56:10
40		14	29Aug11	Pathfinder	ENG	Cambs	26.2	5:51:00
41	27		04Sep11	Wolverhampton	ENG	Staffs	26.2	4:29:58
42	28		11Sep11	Nottingham	ENG	Notts	26.2	4:07:48
43		15	22Sep11	Gt Barrow Challenge d 1	ENG	Suff	26.2	4:52:00
44		16	23Sep11	Gt Barrow Challenge d 2	ENG	Suff	26.2	5:25:00
45	29		02Oct11	Mablethorpe	ENG	Lincs	26.2	4:15:40
46	30		09Oct11	Leicester	ENG	Leics	26.2	3:58:34
47	31		29Oct11	Snowdonia	WAL	Gwynnd	26.2	4:29:55
48		17	11Nov11	Enigma Poppy day	ENG	Bucks	26.2	4:01:55
49	32		20Nov11	Luton	ENG	Beds	26.2	4:43:10
50		18	27Dec11	Holly Winter Challenge	ENG	Shrops	26.2	5:29:00
51		19	02Jan12	Winter Enigma	ENG	Bucks	26.2	4:06:51
52	33		22Jan12	Gloucester	ENG	Glos	26.2	4:03:14
53		20	11Feb12	Quadzilla day 3	ENG	Bucks	26.2	4:15:02
54	34		19Feb12	Cotswold	ENG	Glos	26.2	4:30:34
55		21	29Feb12	Enigma Leap Year	ENG	Bucks	26.2	4:26:57
56		22	18Mar12	Daffodil Dawdle	ENG	Suff	26.2	5:37:00
57		23	31Mar12	The Three Shires	ENG	Staffs	27	7:36:00
58		24	08Apr12	Northampton Festival	ENG	Nor'hnt	26.2	4:40:44
59	35		15Apr12	Worcester	ENG	Worcs	26.2	4:25:56
60	36		22Apr12	London	ENG	Lon	26.2	4:20:38
61		25	19May12	White Peaks	ENG	Derby	26.2	4:18:24
62		26	27May12	Leaden Boot	ENG	Derby	26.2	7:41:00
63		27	10Jun12	Bury St Edmunds	ENG	Suff	26.2	5:41:00
64		28	24Jun12	Cheltenham Circular	ENG	Glos	26.2	6:25:36
65		29	07Jul12	Summer Enigma day 1	ENG	Bucks	26.2	5:14:45
66		30	08Jul12	Summer Enigma day 2	ENG	Bucks	26.2	5:09:46
67		31	28Jul12	Madeyarun Reservoir	ENG	Nhants	26.2	4:42:01
68		32	05Aug12	Dovedale Dipper	ENG	Derby	26.2	8:37:00
69		33	26Aug12	Enigma Gold	ENG	Bucks	26.2	5:09:30
70		34	27Aug12	Pathfinder	ENG	Cambs	26.2	6:28:00
71	37		02Sep12	Wolverhampton	ENG	Staffs	26.2	5:14:01
72		35	19Sep12	Gt Barrow day 1	ENG	Suff	26.2	5:19:25
73		36	20Sep12	Gt Barrow day 2	ENG	Suff	26.2	5:28:52
74		37	21Sep12	Gt Barrow day 3	ENG	Suff	26.2	5:53:25
75		38	22Sep12	Gt Barrow day 4	ENG	Suff	26.2	4:58:10
76	38		07Oct12	Mablethorpe	ENG	Lincs	26.2	4:41:14
77	39		14Oct12	Leicester	ENG	Leics	26.2	4:37:42
78		39	27Oct12	Beachy Head	ENG	Sussx	26.2	6:22:31
79		40	11Nov12	Enigma Foxy 40 day 2	ENG	Bucks	26.2	5:08:32
80	40		18Nov12	Luton	ENG	Beds	26.2	4:44:46
81		41	12Dec12	Enigma Dirty Dozen	ENG	Bucks	26.2	4:52:55
82		42	06Jan13	Enigma Winter	ENG	Bucks	26.2	4:58:22
83		43	23Feb13	Belvoir Challenge	ENG	Leics	26.2	6:20:38

84		44	03-Mar-13	Cambridge Boundary run	ENG	Cambs	26.2	5.02.28
85		45	17-Mar-13	Gt Barrow Spring	ENG	Suff	26.2	5.43.00
86		46	23-Mar-13	Charnwood	ENG	Leics	26.2	6.52.19
87		47	31.Mar.13	Northampton Festival	ENG	N'hants	26.2	4.56.05
88	41		14/04/2013	Worcester	ENG	Worcs	26.2	4.36.08
89	42		28-Apr-13	Shakespeare (Stratford)	ENG	Warwks	26.2	4.27.31
90		48	19.May.13	The Leaden Boot	ENG	Derby	26.2	7.15.00
91		49	08.Jun.13	Baslow Boot Bash	ENG	Derby	26.2	6.58.00
92		50		Coombe Abbey	ENG	Warwks	26.2	5.10.13
93		51	07/07/2013	Enigma Summer	ENG	Bucks	26.2	5.39.08
94		52	27/07/2013	Madeyarun Reservoir	ENG	Nhants	26.2	5.35.22
95		53	26/08/2013	Pathfinder	ENG	Cambs	26.2	5.53
96		54	05/09/2013	Gt Barrow day 1	ENG	Suff	26.2	5.42
97		55	06/09/2013	Gt Barrow day 2	ENG	Suff	26.2	5.32
98		56	07/09/2013	Gt Barrow day 3	ENG	Suff	26.2	5.10
99		57	08/09/2013	Gt Barrow day 4	ENG	Suff	26.2	5.06
100	43		13/10/2013	Leicester	ENG	Leics	26.2	4.30.56

## From the Archive

A Leicester man had to be rescued on Sunday during the annual Dovedale Dipper Challenge, when he became stuck to his waist in mud. A spokesman for the event said “we have had severe weather conditions in Derbyshire over the past 10 days, and the volume of water running off the Dales has been above the normal average.

John Stew, 54, of Aylestone became imbedded in a hollow whilst attempting to cross boggy ground 8 miles into the event. Fellow runners and walkers spent 30 minutes trying to free him, using a combination of walking poles and brute strength.

Mr Stew was finally freed by lying flat on his back in the mud, and quite literally having his legs pulled out one by one.

After walking the last mile to the next checkpoint, Mr Stew was hosed down by local volunteers, before setting off to complete the event. His arrival at the finish was received with much laughter and applause; everyone appeared to have been told of “The Runner in the Bog”

## The 100 Marathon Club

For those concerned for his sanity, it should be pointed out that John is not alone in his Marathon addiction (to older members that must sound like an unhealthy appetite for peanut confectionary). As Roger, the Chairman of the club, rather gracelessly pointed out, John is one of a growing band of nutters. Associate membership is available to those with 50 Marathons (or ultras) under their belts but full membership, and the right to wear the coveted club vest, is reserved for those achieving three figures. The current UK record holder has passed 950 and if you run a Marathon, chances are, he'll

be there somewhere (he sports a unique collection of tattoos, so he's difficult to miss).





Roger explaining that 100 Marathon Club presentations are “ten a penny these days”



Don't think you're getting any of my cake...



The charm offensive continues....



Trudy pulled out all the stops



“....and they give these away in cereal packets”



The things a man has to do to get a bit of cake round here...



Chariots of fire

