

# Roadhoggs Leicester A.C.



March/April 2015

Established 10/08/1984  
Affiliated MCAA, LRRL, DRL, RWA.



## Thank You Dave

Dave Swan has stepped down as Chairman after over 20 years at the helm. He, more than anyone else is responsible for the values and ethos that make Roadhoggs more than just another running club. In recognition of his outstanding service to the club, members voted at the AGM to award him the title of Honorary Life President.

Dave, a sub-3 hour Marathon runner in his prime, also found the time to serve a term as LRRL Chair and has been one of our League delegates for many years.

## LRRL 2015

### Winter League

Sunday 29<sup>th</sup> March: Desford 6

Sunday 17<sup>th</sup> May: West End 8

### Summer League

Sunday 7<sup>th</sup> June: Swithland 6

Sunday 21<sup>st</sup> June: Prestwold 10K

Wednesday 1<sup>st</sup> July: Hungarton 7

Wednesday 5<sup>th</sup> August: Joy Cann 5

Sunday 23<sup>rd</sup> August: Hermitage 10K

Sunday 6<sup>th</sup> September: John Fraser 10

## End of Term Reports

Whilst for the most part we've had excellent turnouts for the Derby Runner XC races, we haven't made a big impact on the individual rankings. However, James Bostock achieved 8<sup>th</sup> place in the ultra-competitive senior category and Dale (6<sup>th</sup>) and Jerry (8<sup>th</sup>) made the top ten old fogeys (V50). For the ladies, Becca (20<sup>th</sup>) and Vicky (25<sup>th</sup>) were our top senior contenders.

## Roadhoggs AGM 3/2/15

As a result of the AGM there have been a few changes. Dave Lodwick has taken over as Chair and John Stew as Vice-Chair. Dan Bannatyne will be taking over from Steve Martin as Membership Secretary. Like Dave Swan, Steve has given many years of service to the club and we are all extremely grateful for his contribution. Keith has returned to being Social Secretary and Mark Ramsden is our new Men's Road Running Captain.

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## Picture Credits

SL Images, Dave Lodwick

## Thank You Everyone!

A big thank you to everyone who contributed to the success of the Kibworth 6. It was great to see ex-members and friends of the club helping out on the day. This not only helped us to stage the race but freed 31 members to run as well.

## Member News

A big welcome to our new members Brian, Mark, Michael, Jacqui, Tim, Louise and Edgar. We are also pleased to welcome back Janet. That brings current (renewed) membership to 80 (including 15 honorary).

## Getting' Muddy with Kim Derby Runner League Race 5 - Bosworth 15/2/15

It was grey and cold as people started to arrive at Bosworth Park for the penultimate race of this season's cross-country league. The car park entrance bollard rising and falling between every car caused a lot of early queues until Hinckley, the host club, found a way to keep the damn thing down. As this was Valentines weekend I expected a few Roadhoggs couples to celebrate by coming to the race together, and I'm sure that the Pearce-Browns, Robinson-Hermanns and Bostock-Bostocks found the romantic side of running through mud and water. John and Trudy were there as well but John didn't run and spectated with me instead. Before the race, I watched some of our runners going through their pre-race rituals: Dale got his foot and shoe-horn stuck in his running shoe, Ruth and Clare did some strange squatting, and Jerry picked up an orange and announced he was going for a pee somewhere ... leaving us wondering why he took fruit with him.



James: Second counter at Bosworth

The Bosworth course is a mixed bag of parkland, woodland, tracks and fields, not particularly hilly but quite long at 10k. There were three water crossings early on and the hardest part was getting round a field about halfway which was undulating and all clinging mud. We had 25 Roadhoggs and once again our teams were led home by James and Becca Bostock. James bagged a top 10 finish, his best so far. Next in was Dave Pearce but regretfully he does not count for us as he is a second claim member. James D, Dale, Jerry, Steve W, Dave

Lod, big Sam and Steve R completed the team. For the girls, Becca, Victoria and Jackie all finished close to each other, with Ruth making the last team place. Because this was a smaller field than last time at Bradgate, everyone finished higher up the order, with Dale, Sam and Ben much higher so must have had better runs anyway. Mark Coulson and Mark Jowsey made their cross-country debuts for us ... you wait ages for a Mark to turn up and then 2 come along at once.



Mark making his XC debut

The men maintained their team position in division 2 whilst the girls improved theirs. The combined team are still stuck at the bottom of division 1, but with one more race to go there is still a chance we can avoid relegation if we score really well at Holly Hayes in a fortnight and Wreake or Ivanhoe do not.

Trudy's home baking and coffee after the race went down very well as always. There is talk of skipping the racing altogether and just becoming a cake eating club.

### RESULTS (6.2m):

MEN: 7<sup>th</sup> James Bostock 36.15, 16<sup>th</sup> Dave Pearce (V40) 37.18, 59<sup>th</sup> James Dunham 41.21, 90<sup>th</sup> Dale Jenkins (V50) 43.51, 102<sup>nd</sup> Jerry Wilkes (V50) 44.39, 107<sup>th</sup> Steve Wheeler (V40) 45.06, 120<sup>th</sup> Dave Lodwick (V50) 45.57, 129<sup>th</sup> Sam Jolly 46.32, 135<sup>th</sup> Steve Robinson (V40) 46.54, 136<sup>th</sup> Terry Woodhouse (V40) 46.55, 153<sup>rd</sup> Colin Bowpitt (V40) 47.58, 171<sup>st</sup> Ben Milsom 49.10, 172<sup>nd</sup> Fabio Caraffini 49.12, 188<sup>th</sup> Mark Coulson (V40) 51.47, 219<sup>th</sup> Baz Barrett (V50) 54.25, 224<sup>th</sup> Martin Capell (V50) 55.26, 240<sup>th</sup> Chris Peach (V50) 58.02, 255<sup>th</sup> Mark Jowsey (V50) 61.52, 269 finished.

### LADIES:

37<sup>th</sup> Rebecca Bostock 50.06, 39<sup>th</sup> Victoria Sutton 50.31, 41<sup>st</sup> Jackie Brown (V50) 50.35, 77<sup>th</sup> Ruth

Stevly (V40) 56.15, 89<sup>th</sup> Clare Mendes 58.12, 109<sup>th</sup> Trudy Sharpe (V40) 62.33, 128<sup>th</sup> Barbara Hermann 67.57, 144 finished.

TEAMS: Men (dvn 2) 4<sup>th</sup>, Ladies (dvn 2) 7<sup>th</sup>, Combined (dvn 1) 7<sup>th</sup>.

TEAMS AFTER 5 RACES: Men (dvn 2) 6<sup>th</sup>, Ladies (dvn 2) 8<sup>th</sup>, Combined (dvn 1) 10<sup>th</sup>.

## Derby Runner League Race 6 - Holly Hayes Wood 1/3/15

Coming into the last race of this season's league, the Roadhogs combined team were in last place in the top division and facing relegation. But our runners came along and gave it one last shot, and we very nearly saved our place for another season. In the end, we finished on equal points with Wreake and only lost out on a count of all the individual runners' finishing positions - a bit like goal difference.



James has had a really strong season

It was grey and cloudy as we assembled in the clearing. The strong breeze made it harder to get our Transportable Event Needs and Treatments centre in place, but we managed it and then helped the team next door who were struggling to secure their own T.E.N.T. in the breeze. I had assumed that the course was the same as last year, but they switched it around and the runners turned right after the uphill start, not left, and the course took in the same loops but in different order which I suppose at least offers some variety. Next time I will pay more attention to the course map. The Holly Hayes course is quite flat and almost all along

woodland paths. It is narrow in parts, so with 400+ runners it did get a little crowded and you could only overtake on the wider sections. And there were queues at the rocky stream crossing, where runners had to choose between rock hopping or water wading.



Becca: a season-long battle with Vicky

One or two Roadhogs were suffering from sickness or injury, and one or two more had run the 16 miles Belvoir Challenge or a Reaper challenge the day before, but still they came and ran at Holly Hayes. James B set off in 5<sup>th</sup> and held on to that place for the whole race, his best ever position. Dave Pearce also bagged a fine 11<sup>th</sup> place but sadly he doesn't count towards our team score as he is second claim. Further down we packed quite well to finish the team with Robin, Dale, Jerry, Steve W, Tim, Steve Rob and Fabio getting the points. Tim scored team points for the first time. Fabio did too, and beat many other runners for the first time with his best ever run for us. The girls had a real race with our top 3 pushing each other all of the way round. Vicky kept ahead of Becca and Captain Jackie. Jackie managed to get by Becca in the latter part of the race, but all 3 finished close together as they brought out the best in each other. Clare was suffering a stomach bug and a little unsure whether to run, but in the end she did and had one of her best runs of the season! Thanks also to John H, Peter S, Ben, Chris, Ruth, Trudy and Barbara, and Tim's dad David who guested for us.

In fact, my thanks to all of our runners in all the cross country league races this season. We are the smallest club in the division and we did the best we could against the big boys. I will miss the great running, the jolly banter, and Trudy's

fabulous cakes. The next season starts again in October and Roadhoggs will be right in there competing for the second division title and promotion.

#### RESULTS (5.3m):

**MEN:** 5th James Bostock 32.23, 11th Dave Pearce (V40) 33.320, 98th Rob Meynell 39.34, 106th Dale Jenkins (V50) 39.54, 110th Jerry Wilkes (V50) 40.07, 112th Steve Wheeler (V40) 40.18, 131st Tim Olsen 41.36, 153rd Steve Robinson (V40) 43.14, 159th Fabio Caraffini 43.41, 160th John Hallisey 43.42, 168th Peter Sloneczny (V50) 44.12, 169th Ben Milsom 44.18, 207th David Olsen (V50) 47.42, 224th Chris Peach (V50) 49.49, 264 finished.

#### LADIES:

32nd Vicky Sutton 45.21, 33rd Jackie Brown (V50) 45.44, 35th Becca Bostock 45.49, 76th clare Mendes 52.33, 111th Ruth Stevely (V40) 57.12, 114th Trudy Sharpe (V40) 57.23, 125th Barbara Hermann 62.12, 139 finished.

**TEAMS:** Men (dvn 2) 5th, Ladies (dvn 2) 6th, Combined (dvn 1) 8th.

**TEAM FINAL POSITIONS AFTER 6 RACES:** Men (dvn 2) 6th, Ladies (dvn 2) 7th, Combined (dvn 1) 10th.

## Down Memory Lane

A copy of the results from the Groby 15K LRRL race from 1991 makes interesting reading. The Roadhogg finishers were; Ian Rankine (69<sup>th</sup>), Adrian Blyth (71<sup>st</sup>), Chris Barrows (89<sup>th</sup>), Stefen Whitmore (112<sup>th</sup>), Martin Cockett (125<sup>th</sup>), Robert Crosskill (149<sup>th</sup>), Steven Blyth (165<sup>th</sup>) and Rex Stapleford (195<sup>th</sup>). The list of clubs reveals some long extinct names/clubs, including Coalville Harriers, Braunstone Town Runners (later to merge with Roadhoggs), Dee-Lux Runners, Olivers RC (later to become Birstall?), Bowline (now just a climbing club), Leicestershire County Council, Thurnby Harriers (including Keith Barnes, who became a Roadhogg, and Chris Copley) and GEC (later to become Whetstone).

The race was won by Joey Masterson of Leicester Coritanian in a time of 47.45.

## For the Record

Tigger Tor		
James Bostock	34th	1.25.13

Becca Bostock	255th	1.55.52
South Bank parkrun		
Valerie Spezi	269th	30.21
Charnwood Hills		
Nick Copley	92nd	2.00.22
Steve Wheeler	137th	2.07.08
Hitesh Pandya	291st	2.48.13
Trudy Sharpe	309th	2.57.30
John Stew	310th	3.01.49
Watford HM		
Brian Feldman	1266th	2.00.05
Torrens parkrun		
Valerie Spezi	197th	31.29
parkrun 7/2/15		
Ben Milsom	71st	23.21
parkrun 14/2/15		
Ben Milsom	85th	23.07
Bramley 20		
Brian Feldman	597th	3.12.08
parkrun 21/2/15		
Ben Milsom	112th	23.45
English National XC Champs		
Brian Feldman	1930th	1.15.14
parkrun 28/2/15		
Fabio Caraffini	62nd	22.15
Ben Milsom	74th	22.39
Jeannette Franklin	233rd	29.01
Belvoir Challenge (26.5 mile)		
Dave Lodwick	91st	4.50.52
Belvoir Challenge (15 mile)		
Afra Kelsall	196th	3.01.03
Ruth Stevely	295th	3.33.47
Coventry HM		
Mark Ramsden	22nd	1.17.26(PB)
Tom Martin	688th	1.41.39
Cambridge Boundary Run (Marathon)		
Jon Heap	198th	5.52.56
John Stew	199th	5.52.58
Bath HM		
Mike Cummins	2704th	1.45.40
Louise Jarvis	6602nd	1.59.57

## Birthdays

### March

7<sup>th</sup> James Bostock  
10<sup>th</sup> Mark Chamberlain  
10<sup>th</sup> Kim Richardson  
10<sup>th</sup> Steve Martin  
16<sup>th</sup> Rich Norton  
18<sup>th</sup> Hitesh Pandya

### April

2<sup>nd</sup> Becca Bostock  
6<sup>th</sup> Tom Martin  
6<sup>th</sup> Mike Munday  
15<sup>th</sup> Steve Robinson  
18<sup>th</sup> Gary Waterhouse  
24<sup>th</sup> Dave Swan  
26<sup>th</sup> Jackie Brown  
26<sup>th</sup> James Dunham  
30<sup>th</sup> Jon Heap

## Leicester Mercury LRRL Winter League Race 1: Barrow 6

It was a day of records at Barrow as a Winter League best 667 finished the race, including 40 Roadhogs. We welcomed LRRL debutants Brian, Caroline, Mark Coulson, Michael, Naomi and Steve B to our ranks. It was also a pleasure to welcome back Clare and Robin (after their Chinese interlude), Nick and Peter. The Barrow race too, had had a bit of a sabbatical after last year's cancellation. There was a new start to the race, which was a bit tricky, but which no doubt made the traffic management easier.



It's great to see Jackie back from injury

Runners set off in bright cool weather, with a stiff breeze, and spent the last couple of miles squinting into bright sunshine; by the time we'd finished it was positively spring-like. Mark R led the way with a fantastic PB-smashing (Gold Standard) performance, which was good enough to earn him 19th place in a quality field. He was followed by James Boyd (70th) with a very promising 37.16 season's opener, Will (95th, a PB) and Nick (123rd, a good run after a long injury layoff). Not to be outdone, Dale (Roadhogs' answer to Peter Pan)(148th), weighed in with a (Gold Standard) PB of his own. He was followed by Robin (180th) and the first of our new members, Michael (187th). Ferrante (207th) and a resurgent Colin B (210th) ran together for much of the race and Steve R (223rd), Dave L (225th) and Peter (228th) converged at the finish. The next four were working their way back to full pace after limited training opportunities; Sam (238th), Fabio (244th), Steve W (248th) and Tom (261st). Ben (277th) made a step forward with an impressive PB and was followed by John H (284th), new

man Mark Coulson (294th) and captain Keith (304th). It was good to see Baz (312th) back in burgundy and he led in Chris (325th), Steve B (331st) and Martin (343rd). Lee (360th) showed both his heart and his complete lack of training and John (384th) must have set his sights on being ahead of Trudy (which he duly achieved). Brian (390th) came in shortly after and then it was left to Barry (413th) to complete the impressive line-up (414 finished).



Captain Mark: Setting an example

Jackie spent a chunk of last summer on crutches nursing a set of stress fractures, so it was a real pleasure just to see her able to run again. Of course, you can't stop her from trying to lead from the front, so Vicky (46th) had to work hard to stay in front of the (Gold Standard) skipper (51st). Hannah (122nd) and Ruth (138th) completed the senior four, with Trudy (171st) last counter for the vets. Clare finished right on Trudy's tail and she was followed by Naomi (a creditable 196th on her debut), Ashley (206th) and Natasha (209th). Caroline (220th) ran well to be comfortably under the hour and it was good to see Valerie (225th) back in the LRRL. Alison (246th) made up the round dozen ladies and got her twelfth league season off to a steady start (253 finished).

## Leicester Mercury LRRL Winter League Race 2: Markfield 10K

Markfield was a test of transport ingenuity; the lack of back-up parking meant runners reprising that old student favourite of seeing how many they could jam into a single car, getting relatives to drop them off or 'parking and riding' with the aid of a bicycle. It was a test passed with flying colours; a record field for the event

of 594 managed to arrive without upsetting the neighbours or making the course unsafe. We were blessed with another morning of perfect running conditions and 36 Roadhogs were there, hoping to take advantage. We were pleased to be joined by Louise, in her first appearance for the club, and Tim for his first LRRL race. There were also seasonal debuts from Lucy and James D.



Vicky has been our most consistent lady

Our first two ladies, Jackie (another Gold Standard, 48th) and Vicky (49th) came in together. Hannah (95th) was third counter and Clare (129th), making a big improvement over Barrow, completed the senior four. She was quickly followed by Ruth (131st) and Louise (135th), the latter finishing with a big smile on her face. Trudy (141st) joined Jackie and Ruth in making up the vets team before Naomi (163rd), Natasha (182nd) and Caroline (198th and another PB) completed a good morning's work. Lucy (201st), taking time out from her Marathon training to support the team, and Alison (214th) meant that we'd finished an excellent 12 Hogettes for the second race in a row (223 finished).



Clare is really finding her form again

New men's captain, Mark R, showed the troops how it is done; 16th place, a PB and another Gold Standard. James Boyd (58th) put in another quality performance, improving on his Barrow pace and James D (95th) and Will (99th) showed good form to hit the top hundred. Robin (126th) made a significant improvement, but then he needed to to put a little distance into Dale (143rd, another PB and Gold Standard; if he goes on like this, WADA will be taking an interest!). Mind you, Steve W (144th, PB) wasn't letting him have it all his own way. Tim (176th) completed the eight and then they came thick and fast; Ferrante (179th), Colin (180th), Michael (190th), Fabio (195th), Dave (202nd) and Sam (211th). Tom (229th) led in Ben (331st) who stepped up and grabbed himself an impressive PB. Peter (252nd) was followed by Mark C (253rd, PB), Steve B (275th), Baz (279th) and Keith (290th). Then we finished with our long-distance specialists, Chris (332nd), John S (339th) and Brian (344th)(371 finished).

## Fell Running

James has kindly produced a list of races suitable for anyone wanting to try their hand at fell running. These are ones he's done before and thinks would be OK for a novice. He's selected ones that are within a 2 hour drive of Leicester so they are either in the Peak District or the Welsh Borders. Full details can usually be found on the website of the Fell Running Association (FRA) at: [www.fellrunner.org.uk](http://www.fellrunner.org.uk)

Races are categorised as A = >50m climb per km, B = >25m per km, C = >20m per km.

S = up to 10km, M = >10km but <20km, L = >20km. O = orienteering event. MM = Mountain Marathon.

Carrying specified kit (waterproof whole body cover (taped seams and attached hood) + hat + gloves + map + compass + whistle + emergency food) is compulsory on AL, AM and BL races and may be required for other events depending on season and severity. Don't be put off though; some events are just XC with extra hills. To put things in perspective, if some of our local races were run under the FRA classifications, these would be their categories; Charnwood Hills Race (CL), Bradgate XC (BS), Charnwood Marathon (CL), Oaks Fayre (BM)

Day	Date	Race	Cat	Country	Region
Sun	01/03/2015	<a href="#">Cloud Nine</a>	BM	England	Peak District
Sun	22/03/2015	<a href="#">Wolf's Pit</a>	AS	England	Peak District
Sun	22/03/2015	<a href="#">Wrekin</a>	AS	England	Shrops/Welsh Borders
Sun	05/04/2015	<a href="#">Peat Pits Wood 2</a>	BS	England	Peak District
Sun	12/04/2015	<a href="#">Mynd Mac</a>	AS	England	Shropshire
Sat	18/04/2015	<a href="#">Chicken Run</a>	BS	England	Peak District
Sun	26/04/2015	<a href="#">Kinder Downfall</a>	BM	England	Peak District
Sun	26/04/2015	<a href="#">Wirksworth Incline</a>	CS	England	Peak District
Sun	26/04/2015	<a href="#">Mynd Dragon</a>	AS	England	Shrops/Welsh Borders
Tue	28/04/2015	<a href="#">Masson Hill</a>	AS	England	Peak District
Sat	02/05/2015	<a href="#">Chunal</a>	AS	England	Peak District
Mon	04/05/2015	<a href="#">James' Thorn</a>	AS	England	Peak District
Sat	09/05/2015	<a href="#">Bollington Festival 3 Peaks</a>	BS	England	Peak District
Sat	09/05/2015	<a href="#">Cressbrook Crawl</a>	BM	England	Peak District
Sat	09/05/2015	<a href="#">Stretton Six Summits</a>	AM	England	Shrops/Welsh Borders
Sun	10/05/2015	<a href="#">Bluebell Run - Race For The Wild</a>	BS	England	Shrops/Welsh Borders
Sat	16/05/2015	<a href="#">Mount Famine</a>	AS	England	Peak District
Sun	17/05/2015	<a href="#">Lantern Pike Dash</a>	AS	England	Peak District
Mon	25/05/2015	<a href="#">Bamford Sheepdog Trials</a>	BS	England	Peak District
Mon	25/05/2015	<a href="#">Shutlingsloe</a>	AS	England	Peak District
Sat	30/05/2015	<a href="#">Wincle Trout</a>	BS	England	Peak District
Sun	31/05/2015	<a href="#">Peat Pits Wood 3</a>	BS	England	Peak District
Thu	04/06/2015	<a href="#">Tansley</a>	BS	England	Peak District
Fri	05/06/2015	<a href="#">Castleton</a>	BM	England	Peak District
Fri	12/06/2015	<a href="#">Rab Evening Mini Mm</a>	O	England	Peak District
Sun	14/06/2015	<a href="#">Accelerate Edale Race</a>	AS	England	Peak District
Sun	14/06/2015	<a href="#">Passing Clouds</a>	BM	England	Peak District
Tue	16/06/2015	<a href="#">Calton</a>	BS	England	Peak District
Sat	20/06/2015	<a href="#">Chrome Hill</a>	BS	England	Peak District
Sat	20/06/2015	<a href="#">Peter Brinsley Bosley Fete</a>	BS	England	Peak District
Sat	27/06/2015	<a href="#">Whaley Waltz</a>	BS	England	Peak District

Sun	28/06/2015	<a href="#">Callow</a>	AS	England	Shrops/Welsh Borders
Sun	28/06/2015	<a href="#">Great Bakewell Pudding Race</a>	CM	England	Peak District
Sun	05/07/2015	<a href="#">Great Hucklow</a>	BM	England	Peak District
Wed	08/07/2015	<a href="#">Black Rocks</a>	BS	England	Peak District
Sun	12/07/2015	<a href="#">Peak Forest</a>	CS	England	Peak District
Thu	06/08/2015	<a href="#">Derbyshire Chevin 1</a>	BS	England	Peak District
Sat	08/08/2015	<a href="#">Half Tour Of Bradwell</a>	BL	England	Peak District
Sat	08/08/2015	<a href="#">Long Tour Of Bradwell</a>	BL	England	Peak District
Sat	15/08/2015	<a href="#">Dig Deep Intro Ultra</a>	BL	Not FRA	Peak District
Sat	15/08/2015	<a href="#">Ultra Tour Of Peak District</a>	BL	Not FRA	Peak District
Sun	16/08/2015	<a href="#">Dig Deep 12.12</a>	BM	Not FRA	Peak District
Sun	30/08/2015	<a href="#">Bradbourne</a>	BS	England	Peak District
Sat	05/09/2015	<a href="#">Longshaw Sheepdog Trials</a>	BS	England	Peak District
Sun	06/09/2015	<a href="#">Stretton Skyline</a>	BL	England	Shrops/Welsh Borders
Sun	06/09/2015	<a href="#">Derbyshire Chevin 2</a>	BS	England	Peak District
Sun	06/09/2015	<a href="#">Exterminator</a>	AL	England	Peak District
Sat	12/09/2015	<a href="#">Nine Edges Endurance</a>	BL	England	Peak District
Sun	13/09/2015	<a href="#">Padfield Plum Fair Scamper</a>	BS	England	Peak District
Fri	18/09/2015	<a href="#">Peak District Challenge Gold Ultra</a>	BL	Not FRA	Peak District
Fri	18/09/2015	<a href="#">Peak District Challenge Silver</a>	BL	Not FRA	Peak District
Sat	19/09/2015	<a href="#">Peak District Challenge Bronze</a>	CL	Not FRA	Peak District
Sun	20/09/2015	<a href="#">Fat Boys Stanage Struggle</a>	BS	England	Peak District
Sat	03/10/2015	<a href="#">Long Mynd Hike</a>	BL	Not FRA	Shrops/Welsh Borders
Sun	04/10/2015	<a href="#">Curbar Commotion</a>	BM	England	Peak District
Sun	11/10/2015	<a href="#">Windgather</a>	BL	England	Peak District
Sat	17/10/2015	<a href="#">Stuart Learmouth Wirksworth Undulator</a>	BM	England	Peak District
Sun	08/11/2015	<a href="#">Leg It Round Lathkil</a>	BM	England	Peak District
Sun	08/11/2015	<a href="#">Roaches</a>	BL	England	Peak District
Sun	22/11/2015	<a href="#">Wrekin Wrecker</a>	AM	England	Shrops/Welsh Borders
Sun	29/11/2015	<a href="#">Rab Mini Mm Round 4</a>	MM	England	Peak District
Sun	06/12/2015	<a href="#">Cardington Cracker</a>	AM	England	Shrops/Welsh Borders
Sun	13/12/2015	<a href="#">Litton Christmas Cracker</a>	BM	England	Peak District