

# Coventry Northbrook 10km Road Race

Host of the Warwickshire County 10k Road Championship & the 6<sup>th</sup> 2014 Warwickshire Road Race League

## Sunday 13th July 2014 at 10.15 am

### Children's 2km Fun Run at 9.30 am



In conjunction with the Allesley Festival, and supporting Zoë's Place, Coventry Allesley Scouts and Gt Ormond St Children's Hospital



The 10km race is a one lap course on undulating, rural roads

Start, Race HQ and Parking

Jaguar Sports and Social Club, Browns Lane, Coventry

registration, changing, showers, toilets and refreshments

### Extensive prize list

Cash prizes:

- First five Male & Female finishers and First Male & Female U17 & U20

Other prizes:

- Male: U17, U20, SM, M35, M45, M55, 1<sup>st</sup> Club Male Team (4 to count)
- Female: U17, U20, SF, F35, F45, F55, 1<sup>st</sup> Club Female Team (3 to count)

**MAXIMUM OF ONE INDIVIDUAL PRIZE PER COMPETITOR**

T-shirt for all 10km race finishers

Medal for children completing the fun run



### Race Conditions:

1. The Race will be run under the UK Athletics (UKA) Rules. All instructions issued for the safety of the runners and others must be complied with.
2. First Aid - by entering the event you are authorising the release of personal and medical details by the Medical Team to the Event Organiser, for statutory purposes, if attended to in a medical emergency.
3. Entries will be accepted on the day (up to 9.00am children's run, 9.45am 10km race) providing the race limit of 800 has not been exceeded.
4. You must be 15 years or over on race day to compete in the 10km Road Race.
5. Fun Run - all children under 9 must be accompanied by an adult (no entry fee payable for accompanying adults).
6. Closing date for postal entries is 5th July 2014, numbers for entries received after this date or without SAE will be ready for collection on race day.
7. Time Limit - authority for road closures lapses at 12.00pm when marshals will be withdrawn and you will no longer be insured.
8. Images - by entering the race you give permission for the free use of your name, voice and picture in any record or promotion of this event.



✂ cut here ----- Enter online via [www.northbrookac.org.uk/10k](http://www.northbrookac.org.uk/10k), or send in form below -----

Last Name: \_\_\_\_\_ First name: \_\_\_\_\_ Male/Female: \_\_\_\_\_

Address: \_\_\_\_\_ Post Code: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Age on day of race: \_\_\_\_ UKA Club (not a member write "unattached") \_\_\_\_\_ Comp Licence No: \_\_\_\_\_

To enter for the County Championship (no additional charge) tick this box

To be eligible for the County Championship, County qualification is either by birth in the County, by 9 months continuous residence prior to competition in the County or by 9 months service in a unit of HM forces stationed in the County. The Warwickshire County is defined as the Warwickshire pre 1974 boundary changes, which includes Birmingham, Coventry, Solihull and the present Warwickshire areas.

Declaration: I agree to abide by the "Race Conditions" above and will not take part if medically unfit to do so. I participate in this event at my own risk and agree that the organisers will not be held responsible for any injury, accident, loss or damage consequential to my participation in this event. I am an amateur as defined by UKA rules.

By submitting your details, you are indicating your consent to receiving marketing emails from Northbrook AC and/or Warwickshire Road Race League, unless you have ticked the box adjacent to indicate you don't wish to receive such information

Entry Fees: UKA Club members: **£10.00** Unattached: **£13.00** All entries on the day: **£14.00**  
Children's Fun Run: **£3.00**

Fee enclosed: (cheques payable to Northbrook AC) £ \_\_\_\_\_

Signature (Parent/Guardian if under 18 or fun run) \_\_\_\_\_ Date: \_\_\_\_\_

Send entry form, payment and a C5 sized SAE to **Race Entries Northbrook 10km, 25 Guphill Avenue, Coventry, CV5 8BA**

Official use only Category:
Number:

